

Training Details

Written by Web Master - Last Updated Thursday, 03 October 2019 22:27

Training details for the 2019-2020 academic year

During term time* we train on the following days:

Day	Time	Place
Monday	20:00 - 22:00	
Union Gym, Beit		
Wednesday	16:00 - 18:00	
Union Dining Hall, Beit		
Thursday	17:30 - 19:00	
Union Gym, Beit		

Our sessions are held in the Union Gym and the Union Dining Hall on the Imperial College's Beit Hall.

Other Sessions you can go to *(but that aren't hosted by IC judo club)*

Budokwai: timetable of session available [here](#) .

University of London Judo Club sessions ([ULU](#)).

You may attend any of these sessions and they are a great opportunity to massively improve your Judo skills!

Cost

Membership is only £32 a year! All membership goes to the club, its equipment and activities. You need not pay membership prior to trying out a session.

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There is also charge of £30 per term as a one off payment, or £65 for the whole year. Alternatively you can pay £5 per session.

Beginners

Beginners are always welcome throughout the year. You may wear some old loose clothing such as a rugby top and tracksuit bottoms until you decide to stick with judo and purchase a judogi of your own. We have a few a judogis to lend.

There is no need to contact us before coming along to a session to try out Judo. However you are welcome to contact us first for more information, and we can show you the way etc.; email us at judo@imperial.ac.uk or contact one of the committee.

British Judo Association Membership - not required for initial sessions

To practice judo in the long run you will need to be a member of the British Judo Association (BJA) - this ensures that you are licenced and insured when you attend classes or compete, and is required to progress through the grades. The BJA offers special student rates [here](#)